Free Printable

Lunch Box Planner

Five school lunch boxes a week with main, snack and drink slots, so mornings need no thinking

Inside this PDF
Five school lunch boxes a week with main, snack and drink slots
Four weekly spreads - print a fresh one every week
Lunch box ideas page to beat the morning rush
Prints on Letter or A4 - free for personal use

styleyouritems.com

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Lunch Box Planner - Week 1

Week of: _____

Day	Main	Snack	Drink	Notes
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Lunch Box Planner - Week 2

Week of: _____

Day	Main	Snack	Drink	Notes
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Lunch Box Planner - Week 3

Week of: _____

Day	Main	Snack	Drink	Notes
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Lunch Box Planner - Week 4

Week of: _____

Day	Main	Snack	Drink	Notes
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Lunch box ideas

Mix and match one from each column when you are stuck for ideas.

Main	Snack	Drink
Sandwich with cheese and tomato	Apple slices	Water
Pasta with tomato sauce	Carrot sticks	Milk
Chicken wrap	Yogurt tube	Juice box
Egg fried rice	Crackers and cheese	Water
Pizza slice (leftover)	Banana	Milk
Tuna sandwich	Grapes	Water
Bean and cheese quesadilla	Cucumber sticks	Juice box
Noodles with vegetables	Raisins	Milk